

THE MOST IMPORTANT MEAL OF THE DAY

JUICE & SMOOTHIE BAR

Fresh Squeezed Orange Juice	5
Blueberry, V-8, Cranberry or Grapefruit Juice	4.50
Fresh to order	
Tropical Blueberry Smoothie	7.50
<i>Blueberries, oranges, pineapple, yogurt</i>	
 Strawberry Mango & Yogurt Smoothie	7.50
<i>Frozen mangoes, strawberries, yogurt, rooftop honey</i>	
Fruit Smoothie	7.50
<i>Bananas, kiwis, raspberries, yogurt</i>	


FRUITS & GRAINS

Yogurt & Granola Parfait, Fresh Berries	8
Glorious Morning Fresh Fruit Platter	12
<i>Peak of the market fruits, breakfast pastry, natural yogurt</i>	
Blueberry Muesli ~ gluten free, dairy free & vegan	9
<i>Gluten free grains, dried & fresh fruits, seeds, nuts, almond milk</i>	
Apple Oatmeal Brûlée	8
<i>Fresh Minnesota apples, spices, rolled oats</i>	

BLU'S BEES ~

As part of our commitment to the environment, we have partnered with the University of Minnesota's Bee Squad to have colonies of honey bees live as permanent guests on our roof. These bees help pollinate 35% of the global food supply and 80% of flowering plants. Please enjoy this excess honey and unique gift from our rooftop guests.

IN ADDITION

Bagel	5
<i>Whole wheat or plain, cream cheese, house jam</i>	
Pecan Smoked Bacon	5
Maple Link	5
Minnesota Back Bacon	6
House Made Smoked Rope Sausage	5
Organic Egg Duo	4
 Biscotti, caraway, honey, pistachio	3
Tops Only, seasonal muffin tops	4

CAFFEINE

Lavazza Coffee ~ Individual Pot	4.25
Lavazza Espresso	4.25
Lavazza Americano	4.25
Lavazza Latte	5
Lavazza Cappuccino	5
FireLake Hot Chocolate	4
<i>Chocolate ganache, steamed milk, whipped cream</i>	
Rishi Organic Tea	4.25

LOCALLY GROWN

We are indebted to our local growers for their commitment to excellence in helping us provide a real Taste of Place for you. We want you to experience the wealth and depth of real Midwestern food – the best ingredients, lovingly grown, prepared and served in a warm and timeless environment.

EGGS

Choice of Rosti Potatoes or Fresh Fruit

Farmhouse Breakfast	12
<i>Two organic eggs your way, choice of pecan bacon, Minnesota back bacon, maple links or rope sausage</i>	
Classic Eggs Benedict	14
<i>Minnesota back bacon, hollandaise</i>	
Avocado Brioche Benedict	14
<i>Minnesota back bacon, avocado puree, grilled tomato, brioche, hollandaise</i>	
Midwestern Omelet	13
<i>Minnesota back bacon, onions, peppers, white cheddar</i>	
Whole Hog Omelet	14
<i>Bacon, sausage, Minnesota back bacon, provolone</i>	
Breakfast Baked Potato	9
<i>Russet potato, scrambled egg, bacon, cheddar, fresh herbs</i>	

SKILLETS & HASH

Sausage Skillet	12
<i>Sunny side up eggs, onions, peppers, rope sausage, rosti potatoes, sausage gravy</i>	

Brick-Oven Apple Pannekoeken	16
<i>Fresh apple, egg batter, Minnesota maple syrup</i>	

Minnesota Walleye Hash	14
<i>Red Lake Nation Minnesota Walleye, scallions, peppers, over easy eggs, rosti potatoes, broccolini, hollandaise</i>	

GRIDDLE & IRON

Sugar free syrup available upon request

Sourdough Waffle on a Stick	12
<i>Fresh berries, whipped cream, Minnesota maple syrup</i>	
Lemon-Ricotta Cornmeal Waffle ~ gluten free	14
<i>Raspberry sauce, whipped cream, mixed berries</i>	

Minnesota Morning	14
<i>Wild rice pancakes, chokecherry syrup, Minnesota back bacon, organic eggs your way</i>	

Minnesota Wild Rice Pancakes	12
<i>Chokecherry syrup</i>	

Buttermilk Flapjacks	12
<i>Minnesota maple syrup</i>	
Blueberry	14

Bananas Foster Stuffed French Toast	12
<i>Cinnamon brioche, caramelized bananas, strawberries, walnuts</i>	

Breakfast Sandwich	9
<i>Croissant, shaved Minnesota back bacon, avocado, tomato, fried egg, fontina</i>	

OUR PARTNER RANCHERS, FARMERS & ARTISAN PRODUCERS

Stickney Hill Dairy ~ Eichten Farms ~ Homestead Mills ~ Belgioso ~ Wild Acres ~ Minnestalgia
Bushel Boy ~ New French Bakery ~ Revier Cattle Co. ~ South Eastern Food Network ~ Gentleman Forager
Arneson Distributing ~ Old Home ~ Minnesota Malted ~ Pahl Farms ~ Gold n' Plump ~ Anderson's Maple Syrup
Faribault Dairy ~ Axdahl Farms ~ Red Lake Nation ~ James Lake ~ Johnsonville ~ Killebrew Soda ~ Pariseau Farm
Grass Land Butter ~ Sartori ~ Stony Creek Dairy ~ Montchevre ~ MRS Pork Producers
Pepin Heights Apple Orchards ~ Singerhouse Farms ~ Hooks Cheese ~ Future Farm
Aleamar Cheese Company ~ Spring Grove Soda Pop ~ University of Minnesota Bee Squad

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have medical conditions.