

THE MOST IMPORTANT MEAL OF THE DAY

FRUIT & GRAINS

Yogurt & Granola Parfait, Fresh Berries	8
Glorious Morning Fresh Fruit Platter	12
<i>Peak of the market fruit, breakfast pastry, natural yogurt</i>	
Blueberry Muesli ~ gluten free, dairy free & vegan	9
<i>Gluten free grains, dried & fresh fruits, seeds, nuts, almond milk</i>	
Apple Oatmeal Brûlée	8
<i>Fresh Minnesota apples, spices, rolled oats</i>	

JUICE & SMOOTHIE BAR

Ruby Red Grapefruit Juice, Orange Juice	4.50
Blueberry Blend, V-8 Juice, Cranberry Juice	4

Fresh to order

Tropical Blueberry Smoothie	7.25
<i>Blueberry, orange, pineapple</i>	
Toasted Oatmeal Smoothie	7.25
<i>Toasted oatmeal, raspberry, Minnesota apple cider</i>	
 Strawberry, Mango & Yogurt Smoothie	7.25
<i>Frozen mango, greek yogurt, strawberries, rooftop honey</i>	
Fruit Smoothie	7.25
<i>Banana, kiwi, raspberry, yogurt</i>	

BLU'S BEES ~

As part of our commitment to the environment, we have partnered with the University of Minnesota's Bee Squad to have colonies of honey bees live as permanent guests on our roof. These bees help pollinate 35% of the global food supply and 80% of flowering plants. Please enjoy this excess honey and unique gift from our rooftop guests.

QUICK

Breakfast Pizza	11
<i>Tomato, egg, cheese curds, broccolini</i>	
European Morning	11
<i>Smoked & cured meats, Alemar Blue Earth, toast, choice of side</i>	
Bacon, Egg & Cheddar Biscuit	7
<i>Buttermilk biscuit, sausage gravy, bacon, organic egg, white cheddar</i>	
Egg Croissant Sandwich	8
<i>Scrambled egg, buttery croissant, wild baby arugula, bacon marmalade, prosciutto</i>	
Brick-Oven Buttermilk Biscuit & Gravy	5
<i>Sausage gravy</i>	

Warm Ricotta Doughnut Holes, <i>cinnamon sugar</i>	8
Glorious Morning Muffin	4
Lemon Blueberry Scone	4.50
Seasonal Muffin	4

IN ADDITION

Plain Bagel, <i>cream cheese, house jam</i>	4.50
Pecan Smoked Bacon or Jowl Bacon	5
Maple Link or Turkey Sausage Patty	5
Minnesota Back Bacon	6
House Made Smoked Rope Sausage	5
Organic Egg Solo	3
Organic Egg Duo	4

EGGS

Organic Eggs (2)	
Choice of Rosti Potatoes or Fresh Fruit	
Smokehouse Bacon & Organic Eggs	12
<i>Pecan smoked or back bacon or jowl bacon</i>	
Sausage & Organic Eggs	12
<i>Maple links or smoked rope or turkey sausage patty</i>	
Flat Iron Steak & Organic Eggs	21
<i>Olivia all natural Minnesota beef, Northwoods spice</i>	
Classic Eggs Benedict	14
<i>Minnesota back bacon, hollandaise</i>	
Avacado Brioche Benedict	14
<i>Jowl bacon, avacado puree, grilled tomato, brioche, hollandaise</i>	
Midwestern Omelet	13
<i>Back bacon, onions, peppers, white cheddar</i>	
Whole Hog Omelet	14
<i>Bacon, sausage, back bacon, provolone</i>	

SKILLET & HASH

Brick-Oven Apple Pannekoeken	16
<i>Fresh apple, egg batter, Minnesota maple syrup</i>	
Sausage Scramble Skillet	12
<i>Onions, peppers, rope sausage, fingerling potatoes, sausage gravy</i>	
Ollie's Machaca	17
<i>Shaved prime rib, caramelized onions, peppers, roasted tomatoes, Tornado spice, scrambled egg, white cheddar, warm lefse, salsa</i>	
Minnesota Walleye Hash	13
<i>Scallion, peppers, poached eggs, hollandaise, broccolini</i>	
Seasonal Ricotta Frittata	12
<i>Seasonal vegetables</i>	

GRIDDLE & IRON

<i>Sugar free syrup available upon request</i>	
Sourdough Malted Waffle	12
<i>Fresh berries, whipped cream, Minnesota maple syrup</i>	
Lemon-Ricotta Cornmeal Waffle Platter ~ gluten free	14
<i>Raspberry sauce, whipped cream, raspberries, maple sausage, organic eggs</i>	
Minnesota Morning	14
<i>Wild rice pancakes, chokecherry syrup, Minnesota back bacon, organic eggs your way</i>	
Minnesota Wild Rice Pancakes	11
<i>Chokecherry syrup</i>	
Buttermilk Flapjacks	11
<i>Minnesota maple syrup</i>	Blueberry 13
Northern Lights Pancakes	11
<i>Pumpkin, cinnamon, Minnesota maple syrup</i>	
Pancake Trio	12
<i>Wild rice pancake, blueberry buttermilk flapjack, pumpkin pancake</i>	
Bananas Foster Stuffed French Toast	12
<i>Cinnamon brioche, caramelized banana, strawberries, walnuts</i>	

CAFFEINE

Lavazza Coffee	4
Lavazza Espresso	4
Lavazza Americano	4
Lavazza Latte	5
Lavazza Cappuccino	5
Red Bull, Blue Edition	5
FireLake Hot Chocolate	4
<i>Chocolate ganache, steamed milk, whipped cream</i>	
Rishi Organic Tea	4